## FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and A White Bil		2. Date of Requiring (Month/Da 05/23/20	Statement ay/Year)	3. Issuer Name and Ticker or Trading Symbol ProPhase Labs, Inc. [ PRPH ]							
(Last) (First) (Middle) 711 STEWART AVENUE, SUITE 200					4. Relationship of Reportin Issuer (Check all applicable) Director		) to wner	5. If Amendment, Date of Original Filed (Month/Day/Year)			
(Street) GARDEN CITY	NY	11530		,		Officer (give title below) Chief Financial	Other (below)	(Ch	(Che	Individual or Joint/Group Filing Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person	
(City)	(State)	(Zip)									
Table I - Non-Derivative Securities Beneficially Owned											
1. Title of Security (Instr. 4)					Beneficially Owned (Instr.   Form 4) (D) o			Direct Own		Nature of Indirect Beneficial vnership (Instr. 5)	
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)											
E			2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Sec Underlying Derivative Sec (Instr. 4)			4. Conver or Exer Price o	cise	5. Ownership Form: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
		Date Exercisable				Amount or Number of Shares	Derivative Security		or Indirect (I) (Instr. 5)		
Stock Option (Right to Buy) <sup>(1)</sup>		(1)	05/09/2029		amon Stock, par alue \$0.0005	400,000	6.7	4	D		

## Explanation of Responses:

1. Stock option granted as an inducement award. The option will vest over a four year period, with 12.5% vesting every six months after May 23, 2022, the date the Reporting Person's employment commenced, contingent upon his continued service through each vesting date.

<u>/s/ Billy Joe White</u> <u>05/23/2022</u>

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.