FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

intende defense	d to satisfy the conditions of lee Instruction 10	affirmative Rule 10b5-																	
1. Name and Address of Reporting Person* <u>Tappan Moore III</u>				2. Issuer Name and Ticker or Trading Symbol Mama's Creations, Inc. [MAMA]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner								
(Last) (First) (Middle) 25 BRANCA ROAD (Street)				3. Date of Earliest Transaction (Month/Day/Year) 06/06/2025							X Officer (give title below) Chief Operating Officer								
EAST RUTHE			7073		4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(Sta	ate) (2	(ip)												Perso	on		·	
		Table I	l - Nor	n-Deriva	tive S	ecur	ities	Acq	uired,	Dis	osed of	, or I	Bene	ficial	ly Owr	ned			
Date				2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)			Date,	Transaction Disposed Of (D) Code (Instr. and 5)			es Acquired (A) or Of (D) (Instr. 3, 4		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									v	Amount	(A (D) or	Price	Reported Transaction(s) (Instr. 3 and 4)					
Common Stock 06/06/2						2025			Α		5,700(1)) .	A	(2)	11,880		I	D	
		Tab		Derivativ (e.g., pu											Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ercise (Month/Day/Year) if any (Month/Day/Year ative			Transaction Code (Instr. 8) D Si A (#/ #/ #/ #/ #/ #/ #/ #/ #/ #/ #/ #/ #/ #		5. Numl of Deriv Secu Acqu (A) of Dispo of (D) (Instrand 5	rative rities rired r osed)	6. Date Expiration (Month/D	on Da	Amour Securi Under Deriva Securi (Instr.		Amount of Securities		Price of erivative ecurity istr. 5)			0. wnership orm: irect (D) r Indirect) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

- 1. Restricted stock units ("RSUs") scheduled to vest in three substantially equal annual installments on each of June 6, 2026, June 6, 2027 and June 6, 2028.
- 2. Each RSU represents a contingent right to receive one share of MAMA common stock.

/s/ Christina M. Lidondici, attorney in fact for Moore 06/10/2025 Tappan, III

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.